

Things to Bring to Resort Camp

4 camp outfits (shirt, shorts)

Sports bras (bring one to match the color of each shirt)

New Cheer shoes

Ankle socks (plain white, at least 5 pairs, the sock MUST show)

Booty shorts (bring the ones we purchased you and bring extra)

All Cheer Uniforms

Poms

Pj's

Undies (bring extra)

Swimsuit (appropriate)

Pillow (only if you don't want the hotel pillow)

Flip flops/water shoes (for the water park)

Deodorant/body spray

Soap/Shampoo/conditioner (if you don't want to use the hotel one)

Razors/shaving cream

Make-up

Hair dryer (if you don't want to use the hotel one)

Curling iron/straightener

Brush/comb

Ponytail holders/clips/bobbie pins

Hair ribbons/black and gold bow

Tampons/pads

Sunscreen/bug repellent

Lotion/sunscreen

Toothbrush/toothpaste

Hairspray

Water bottles

Snacks for your room (you don't need much but you will need breakfast for each day)

Advil/Midol/allergy medicine

Tape/pre-wrap

Chapstick

Money (for spirit shop and food)

Icee hot/heating pads

Braces for any injuries (even if it is not currently injured)

Spirit buddy/coach gift

Sack Lunch (for the day we leave, we won't have our first meal there until dinner)

Do not bring ANY jewelry or anything of value

No room decorations (unless it is something that does not stick to the wall)

POSITIVE ATTITUDES (you will need it)

***Remember this is a school sponsored trip, so DO NOT bring anything that can get you removed from the team and in trouble with the school!!!!**